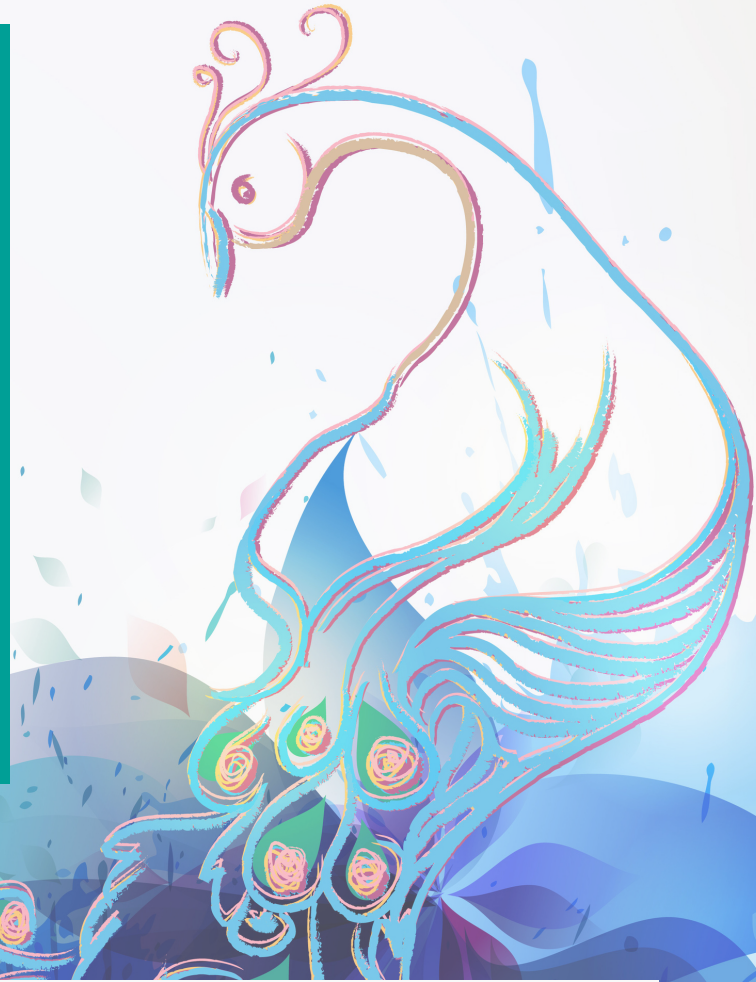


SHAWNA PELTON

TRANSFORMATIONAL GUIDE



Shawna empowers heart-centered spiritual seekers of fundamental wellbeing, change makers and conscious leaders to move beyond personal and relational conflict by helping them liberate the power of their authentic Innermost-Self.

ShawnaPelton.com

Credentials: Combining nearly 2 decades of service with Holistic Nutrition, Aesthetics, Mindfulness Biophoton Therapy, Bioenergetic Medicine, Biofield Tuning, Spiritual & Emotional Healing, Hypnosis, and Conversational Intelligence™ Coaching

HOST

QUANTUM SHIFT
PODCAST

AUTHOR

"VOICES OF THE 21ST
CENTURY - BOLD, BRAVE,
BRILLIANT WOMEN WHO
MAKE A DIFFERENCE"

FOUNDER

QUANTUM SHIFT
INNER POWER
CIRCLE

WHAT HAS US ALL SO STRESSED OUT?

Challenges: health, pain (physical, emotional, mental, spiritual)

Patterns: conflict (stuck in fight or flight mode)

Crisis: choice point (resistant to change, lost trust, self-doubt, worry and fear)

TOPIC IDEAS

➤ THE SINGLE BEST PREDICTOR OF HAPPINESS & WELLBEING!

Learn what it takes to shift into a higher vibe state

➤ FIND YOUR INNER COMPASS

Discover your path of purpose to not get lost in the chaos

➤ TRIGGERED?

How to empower yourself in today's uncertain world

➤ FORGIVE TO LIVE AGAIN

Discover the healing power of forgiveness

➤ THE NEW PARADIGM OF LEADERSHIP

Rebuild lost trust with Conversational Intelligence™

SHOW IDEAS

- DEMONSTRATIONS
- SERIES

Empowerment - self confidence in uncertain times

Stress Rescue - mindfulness to combat overwhelm

Transformational - recreate your reality in mind, body, spirit



If you're looking for a personable professional who can confidently engage, educate, inspire and guide your audience,

...then you've come to the right place!

Shawna is experienced in reducing fear & uncertainty in a world of rapid change.

AVAILABILITY

Nationwide by arrangement, video conference, phone

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